

Press Release

Why Social Club Membership Counts

There are around 6,500 community and social clubs around Australia and astonishingly, about 30% of those are Probus Clubs.

One of the issues with retirement is what do you do with your time? Some of us find renewed vigour for old hobbies, like gardening or crafts, both things we could do on our own and in our own homes. But what if that's not enough?

Well, over the years around 125,000 retirees have taken to Probus Clubs with absolute gusto and have been spending much of their retirement time simply socialising and having fun with friends. They're always happy to tell you how much Probus has brightened their lives and rekindled their zest for fun and friendship in retirement, and they're equally happy to welcome new members into their Clubs.

You'll find Probus Clubs are a mix of socialising, morning teas or lunches sometimes with interesting guest speakers, and both small and large group activities arranged by fellow Club members. Probus Clubs have a great choice of activities every month, whether its day trips, playing cards, crafting, dining out or helping arrange even more activities for your friends.

But it's not just about your own social life of course; it's also about what you as a member can add to others' lives.

Your participation as a Probian is an important part of someone else's social activities, and as you make more friends, your circle of social influence gets wider and wider, meaning more of your fellow Members look forward to seeing you and doing something together. You become a part of their lives just as much as they do yours, and it's this bond of friendship that has seen Probus become the major social group it is.

We all look forward to seeing our friends, but how nice is it to realise that they look forward to seeing us just as much?

Probian Barbara from Queensland says *'I've been a member now for six years and I've enjoyed every single one. Each year we get new members and all of them bring new ideas and life into our Club'*.

'I love welcoming them into our club and helping them gets the same enjoyment out of Probus that I do'.

The Probus website features a Club Finder that will help you find your nearest clubs. Just type in your postcode and the site will give you a list of clubs in your area and the opportunity to contact them. You can visit as many of them as you like to choose the one that's right for you, and then start having fun!

You can find out more about **The Probus CLUB OF FLAGSTAFF HILL (Men)** by calling Chris Barber on 0410 567265.

Other Probus Clubs in this area include **Happy Valley (Combined)** call Craig Munro 0407270884 and **Flagstaff Hill (Ladies)** call Ruth Alexander on 8270 5880

You can find out more about Probus by calling (Australia) **1300 630 488** or (New Zealand) **0800 1477 6287**. Visit www.probussouthpacific.org to find out where you're nearest Probus Club is.



Australia: **1300 630 488**
New Zealand: **0800 1477 6287** (toll free)

Email: admin@probussouthpacific.org